

# The Caedmon School

## Lunch Menus - January 2010

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 School Closed	5 Turkey Chili Mexican Rice Yellow Beans	6 Classic Meatloaf Mashed Potatoes Broccoli	7 Chicken Tenders Tater Tots Sweet Corn	8 Philly Cheese Steak Hero Potato Chips
11 Cheese Tortellini Alfredo Broccoli	12 Asian Vegetable Stir Fry Grilled Chicken on the Side White Rice	13 Chicken Parmesan Spaghetti with Olive Oil Green Beans	14 Beef Tacos Black Beans & Rice Lima Beans	15 Honey Baked Ham Boiled New Potatoes Brussels Sprouts
18 School Closed Martin Luther King Jr. Day	19 Baked Ziti Peas & Carrots	20 Turkey & Cheese Quesadillas Mexican Rice Yellow Squash	21 Chicken & Vegetable Stew Buttermilk Biscuits	22 Salisbury Steak with Gravy Mashed Potatoes Asparagus
25 Elbow Macaroni Meat Sauce on the Side Yellow Squash	26 Chicken Pot Pie Green Beans	27 Pork Tenders Apple Sauce Mashed Sweet Potatoes Cauliflower & Broccoli	28 Beef Stir Fry White Rice Edamame	29 Grilled Chicken Farfalle Pasta Zucchini

Available Daily:

Seasonal Soup, Steamed Vegetable, Sliced Turkey, Provolone Cheese, Sliced Wheat Bread, Salad Bar & Fresh Fruit