

The Caedmon School

Lunch Menus – September / October 2009

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7 Labor Day	8	9 Macaroni & Cheese	10 Chicken Quesadillas Brown Rice	11 Classic Meatloaf Mashed Potatoes
14 Chicken Burritos Yellow Rice	15 Swedish Meatballs Egg Noodles	16 BBQ Chicken Sweet Corn Nibbles	17 Spaghetti with Meat Sauce	18 All Beef Hot Dogs Macaroni Salad
21 Macaroni & Cheese	22 Chicken Nuggets Brown Rice	23 Beef Tacos Yellow Rice	24 Virginia Baked Ham Parsley New Potatoes	25 Ham & Cheese Hero Sandwiches Tater Tots
28 Yom Kippur School Closed	29 Turkey Chili Rice Pilaf	30 Salisbury Steak Mashed Potatoes	1 Meat Lasagna	2 Beef Burgers Potato Wedges
5 Beef-a-roni	6 Turkey Tacos Yellow Rice	7 Sloppy Joe on a Roll	6 Turkey Patties with Gravy Smashed Potatoes	8 Cheese Pizza

*A Homemade Seasonal Soup, Steamed Vegetable, Full Salad Bar, Fresh Fruit and Deli Meat or Cheese Sandwiches are offered daily.

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